

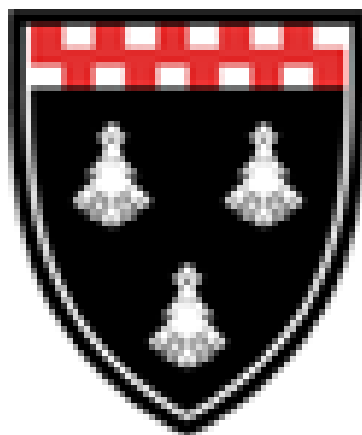


# Ponteland Community High School

## Extra-curricular clubs, activities and trips



Autumn Term 2025



# Introduction and FAQ

## Welcome to Our Enrichment Programme!

Getting involved in enrichment is one of the most valuable things a student can do during their time at school. Whether it's taking part in sport, music, art, student leadership, or volunteering, these opportunities help shape your experience of school and support the development of the character strengths we value: dedication, resilience, involvement, respect and compassion.

Enrichment gives you the chance to step outside your comfort zone, work with others, and commit to something over time. These activities help build the habits that support long term success. Turning up regularly, sticking at challenges, working as part of a team, and supporting others all matter. What you put in is what you get out.

When you show dedication by giving your time, or show resilience by trying again after setbacks, you grow in ways that go beyond qualifications. When you choose to get involved, you build confidence, friendships, and a stronger connection to school life. Every club, team or performance is also a chance to practise respect for others and shared spaces, and to show compassion by encouraging others and contributing to something bigger than yourself.

We also recognise the commitment of the staff who make this programme possible. Every enrichment activity reflects extra time, energy and effort from colleagues who already give a great deal. Their dedication and compassion create opportunities that would not otherwise exist, and we thank them for it.

We encourage every student to take up at least one opportunity this year. Try something new, keep going with something challenging, or return to something you have enjoyed before. These experiences shape your time at school and help you grow into the person you want to become.

Mr J Greenshields  
Deputy Headteacher

## Do I need to sign up for activities? Do I have to pay?

Most of our enrichment activities are open to everyone and do not require booking. Students are encouraged to come along and get involved — no need to sign up in advance.

The only exception is after-school trampolining, which must be booked in advance. This club has a small cost to cover a qualified external coach who leads the session.

## Can I try a club before committing to it?

Yes — you are welcome to attend a club to see if it's right for you. There's no pressure to stick with something that isn't a good fit, though we do encourage students to give things a fair go before deciding.

## Can I attend more than one club?

Yes. You can attend as many clubs as you like, as long as they don't clash. In fact, trying a mix of activities is a great way to build confidence, meet new people, and develop a range of interests and skills.

## What if I have other commitments after school?

We know students may have other responsibilities — such as family commitments, religious observance, part-time jobs, or external clubs. That's why we aim to offer a wide range of activities at different times, including lunchtime options where possible.

## What happens if an after-school club gets cancelled?

Occasionally, cancellations are unavoidable due to staff absence, illness, or weather conditions. Where possible, we will let students and families know in advance.

If a club is cancelled on the day, we will do our best to communicate this quickly to both parents and students. If a student needs to remain on site while waiting for planned transport or pick-up, there are safe supervised spaces available — particularly the library at the heart of the school.

## There's a club I'd like to see offered — what should I do?

All of our clubs run because of the discretionary time and energy that staff choose to give on top of their day-to-day roles. That means some activities may not be available every term or year.

If there's something you'd love to see offered — or something you'd be interested in helping to run — speak to your tutor, Head of Year or a senior teacher. Student voice plays an important part in shaping what we offer, and we welcome new ideas.

# Music Department Enrichment Activities Programme

All lunchtime activities are 1.45 until 2.20 in the Drama Studio

Day

Activity

Year Groups

Staff Contact

## Lunchtime Activities

Monday

Brass Band

All year groups

Mr Rosier

Tuesday

Wind Band

All year groups

Mr Rosier

Wednesday

Jazz Band

All year groups

Mr Rosier

Thursday

Junior Choir

Years 7 - 8

Mr Murphy

Friday

String Group

All year groups

Mr Murphy

## After School Activities

3.30 – 4.30 in the Drama School

Tuesday

Senior Choir

Years 9 - 13

Mr Rosier

# PE Department Enrichment, Physical Activity & School Sport Programme

	Morning (8:00-8:45am)	Lunch (12:45-2:10pm)	After School (3:30-4:30pm)
<b>Monday</b>		Football 4G Basketball (Y7-Y8) Sports Hall Trampolining Hall Darts (Y10-11) Hall	Trampolining - Coach Hall Boys Rugby (Y7-Y8) - Coach 4G
<b>Tuesday</b>	Futsal (Y8-Y9) Sports Hall	Football 4G Trampolining Hall Darts (Y10-11) Hall	Girls Football (Y8-Y9) 4G Badminton Sports Hall Boys Rugby (Y8-Y11) Out Hockey MUGA
<b>Wednesday</b>	Badminton Sports Hall Running Out	Football 4G Trampolining Hall Darts (Y10-11) Hall	Girls Rugby (All Years) 4G Girls Football (Year 7) 4G Basketball (All Years) Sports Hall Boys Football (Year 7) 4G Trampolining - Coach Hall Dance (Y7-Y8) DS
<b>Thursday</b>	Futsal (Year 7) Sports Hall	Football 4G Trampolining Hall Darts (Y10-11) Hall	Netball (All Years) MUGA Boys Football (Y8-10) Out GCSE PE Sports (Y10-11) Sports Hall Table Tennis Hall
<b>Friday</b>	Basketball Sports Hall	Football 4G Trampolining Hall Darts (Y10-11) Hall	Girls Cricket (All Years) Sports Hall

# PE Department Enrichment, Physical Activity & School Sport Programme

## Frequently Asked Questions

Enrichment activities are available for **ALL** students and we have tried to offer a wide range of activities to meet the needs of as many students as possible. Each session is designed for specific year groups and where all year groups are welcome, sessions will take place in individual year groups.

All sessions will begin around 3:30pm and finish by 4:30pm. Students must wear PE kit and bring appropriate footwear and protective equipment (i.e. shinpads, gum shields etc.). Students must arrive at the changing rooms and for new students ensure you remind your parents/carers that you are attending. At the end of the session you do not need to get changed into uniform but remember to take your belongings home with you. For those students attending morning sessions attend school in your PE kit but ensure you change into your uniform ready for school.

All students are welcome to all sessions but please be aware of the type of sessions we are offering. We are very hopeful that inter school competition will start soon and some students will be selected to represent the school in various teams. Students selected will be those who attend sessions or take responsibility for informing us of reasons why they are unable to attend.

Some sessions will involve staff from around the school who have kindly offered their time to support the programme as well as young leaders from 6<sup>th</sup> form and upper school who have expressed an interest in developing their leadership skills. We also have some additional coaches who will lead sessions specifically in certain sporting activities. We expect all students to respect the people leading the sessions

Please note that the following sessions require students to sign up prior to the session.

Trampolining Sessions cost £1.50 per session led by an external coach. Parents can sign up through the Expression of Interest form sent out via email.

## Other Clubs and Activities

### Tuesday

Activity	Run by	When	Where	Year Group(s)	Additional Information
Art Club	Mr Younger	1.30 – 2.10	G8	Y7 – Y10	
Christian Union	Mrs Digby + Mrs Bunce	1.35 – 2.15	F22	All	
Make £5 Grow	Ms Carr + Mr Auld	1.45 – 2.15	S8	Y7 – Y10	
Dungeons and Dragons		1.45 – 2.15	F25	All	Student led
Code Club	Mr Winship	3.30 – 4.30	F6	Y7 – Y9	

### Wednesday

Activity	Run by	When	Where	Year Group(s)	Additional Information
Draw and Colour	Mrs Bowring	1.45 – 2.15	F13	Y7 – Y9	
Space Club	Mr Warland	1.45 – 2.15	Lecture Theatre	Y7 – Y100	First Wednesday of the Month
Picture Book Club	Ms Emmerson	3.25 – 4..15	F1	Y8	Invite Only
Maths Exam Paper Society	Ms Pickover + Mr Symons	3.30 – 4.30	S15 + s16	Y11	
KS4 English Lectures	Mr Parkin	3.30 – 4.30	Lecture Theatre	Y10 - 11	

### Thursday

Activity	Run by	When	Where	Year Group(s)	Additional Information
KS5 Book Club	Ms Emmerson	1.45 – 2.15	F1	Y12 + Y13	Staff welcome!
Chess Club	Mrs Briggs	1.45 – 2.15	F21	All	
Ancient Greek Club	Ms Wilkins	3.30 – 4.30	S1	Y12 + Y13	
KS3 Art Club	Mr Younger	3.25 – 4.25	G8	Y7 – Y9	

### Friday

Activity	Run by	When	Where	Year Group(s)	Additional Information
German Club	Ms Daghish	1.35 – 2.15	S23	Y7 + Y8	
Warhammer Alliance	Mr Clayson	3.30 – 4.45	G7	All	

# KS4 Study Support

## KS4 English Autumn Lecture Series

Join us in the Lecture Theatre every Wednesday afternoon at 3:30pm to explore a key concept from English. Content of the lectures will provide further background or detail to some of the core concepts that you have studied in class and are an excellent opportunity to deepen your knowledge or revise content for the exam.



**KEEP  
CALM  
AND  
REVISE  
ENGLISH**



## Maths Exam Paper Society

Reduce the fear around exams by working with your friends, in a relaxed environment, with support (including biscuits) where needed from maths teachers. One exam paper at a time.

**Wednesday Evening 3:30-4:30 (\$15/\$16)**

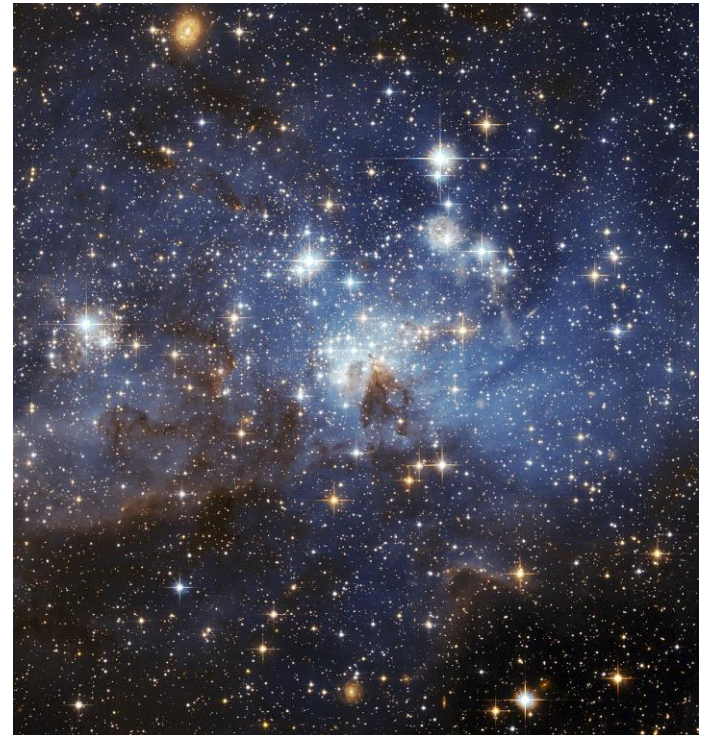


# Special Events!

## Y7 Harry Potter Night

Coming later this year!

- Get sorted into houses
  - Create potions
  - Play Quidditch



## Space Club

First Wednesday of every month

Lecture Theatre

All Year Groups

Come along to find out about new and exciting discoveries from the world of space travel and exploration.





# Use of the Library and the Base

Our library area is a key hub of optional activities during break and lunchtime sessions.

Many students use this as an area for quiet reading whilst others prefer to enjoy one of the many board games available. There is an IT area close by where students can access their Google accounts to work on homework tasks. The library is also the home of our Chess Clubs that are attended by many.



Each year group also has an allocated space for our students to relax in a comfortable environment and enjoy the company of friends during social times.

For some students who need a quiet area to withdraw to or the support of specialist staff during a break or lunch time, the Base is available to meet their needs.



# The Duke of Edinburgh Award Scheme

At Ponteland High School we offer the Bronze, Silver and Gold DofE award. We offer the Bronze DofE award in year 9, the Silver DofE award in year 10 and the Gold DofE award in 6th form or open Gold for those who wish to progress to Gold but who don't stay on for 6th form study.



We encourage our students to do their DofE – regardless of ability, gender, background or location. Achieving an Award isn't a competition or about being first. It's all about setting personal challenges and pushing personal boundaries. There are four sections to complete at Bronze and Silver level and five at Gold. They involve helping the community/environment, becoming fitter, developing new skills, planning, training for and completing an expedition and, for Gold only, working with a team on a residential activity.

Through our DofE programme young people have fun, make friends, improve their self-esteem and build confidence. They gain essential skills and attributes for work and life such as resilience, problem-solving, team-working, communication and drive, enhancing CVs, university and job applications. For further information Visit our school website under Extra Curricular activities > DofE



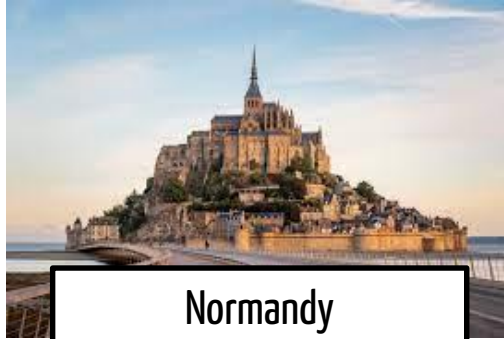


# Trips and Visits

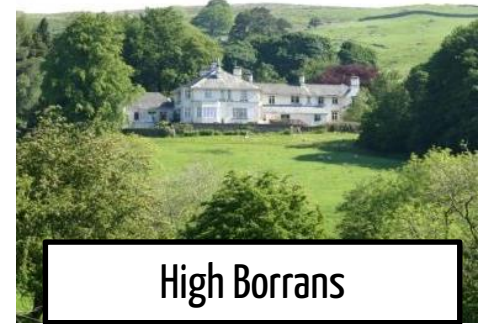
Each year we offer a range of trips and visits. Places are allocated on a trip by trip basis. We keep a record of who has attended each trip so that we can ensure a range of students benefit from the unique learning opportunities they offer.



Berlin



Normandy



High Borrans



New York



Paris



Ski



Iceland



York



Madrid