



# Meals Deals

## **Meal Deal 1 - £2.40**

Any Pasta Option or Jacket Potato & 1 Filling with a Small Bottle of Water.

## **Meal Deal 2 - £2.40**

Any Boxed Sandwich with a Fruit Bag & Small Bottle of Water.

## **Meal Deal 3 - £2.40**

Traditional Main Meal or Veggie Main Meal with a Homemade Dessert.



# Grab & Go Options

**All Sandwiches are made using Bread from Davidsons of Darras Hall**

## **Boxed Sandwiches - £1.85**

Cheese & Tomato  
Tuna Mayonnaise & Cucumber  
Egg & Cress  
Ham  
Chicken Mayonnaise

## **Filled Flour Tortillas - £1.85**

Tuna Crunch & Lettuce  
Chinese Chicken  
Ham & Cheese Salad  
Cheese Salad

## **Filled Subs - £2.00**

Ham & Cheese Salad  
Tuna Crunch Salad  
Chicken Tikka Salad  
Cheese Salad

## **Salads - £2.00**

Chicken Caesar Salad  
Tuna & Sweetcorn Pasta Salad  
Tomato & Cheddar Pasta Salad



# Lunch Price List

<b>Traditional Main Meal</b>	<b>- £2.40</b>
<b>Vegetarian Option</b>	<b>- £2.40</b>
<b>Street Eat</b>	<b>- £2.00</b>
<b>Pasta Option</b>	<b>- £2.00</b>
<b>Panini's</b>	<b>- £2.00</b>
<b>Jacket Potatoes</b>	<b>- £2.00</b>
<b>Pizza</b>	<b>- £1.50</b>
<b>Sandwiches &amp; Salads</b>	<b>- From £1.85</b>
<b>Sweet Treats</b>	<b>- From £0.75</b>
<b>Fruit Pots &amp; Yoghurt &amp; Granola Pots</b>	<b>- £1.20</b>
<b>Fresh Fruit, Melon &amp; Fruit Bags</b>	<b>- From £0.40</b>
<b>Selection of Drinks</b>	<b>- From £0.60</b>



# Mid-Morning Price List

<b>Sausage Rolls</b>	<b>- £1.00</b>
<b>Bacon or Sausage Sandwich</b>	<b>- £1.20</b>
<b>Veggie Sausage Sandwich</b>	<b>- £1.20</b>
<b>Focaccia Pizza Slice</b>	<b>- £0.85</b>
<b>Belgian Waffles</b>	<b>- £1.20</b>
<b>Danish Pastries</b>	<b>- £0.85</b>
<b>Sandwiches &amp; Salads</b>	<b>- From £1.85</b>
<b>Fruit Pots, Yoghurt &amp; Granola Pots</b>	<b>- £1.20</b>
<b>Fresh Fruit, Melon &amp; Fruit Bags</b>	<b>- From £0.40</b>
<b>Selection of Drinks</b>	<b>- From £0.60</b>

# Week One Menu

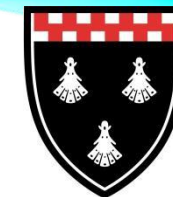
Week Beginning 21st March, 25th April,  
16th May, 13th June, 4th July.



	Meat-Free Monday	SFC - Tuesday	Wednesday	Thursday Curry Day	Fishy Friday
Traditional Main	Cheese & Potato Pie with Baked Beans	Homemade Cottage Pie With Cauliflower & Carrots.	Bangers & Mash with Yorkshire Pudding & Mixed Greens.	Chinese Style Chicken Curry with Steamed Rice.	Oven Roasted Fish Fingers with Potato Wedges and Garden Peas.
Veggie Option	Vegetable Chow Mein with Mini Spring Rolls.	Vegan Shepherd's Pie with Cauliflower & Carrots.	Vegan Bangers & Mash with Yorkshire Pudding & Mixed Greens.	Chinese Style Quorn Curry with Steamed Rice.	Cheese & Potato Pasty with Wedges and Beans.
Street Eat	Fish Finger Sandwich with Lettuce & Mayo	Spicy PHS SF Chicken Sandwich.	Cheese Burger in Brioche Roll with Salad & Toppings	German Style Frankfurters in a Roll with Toppings	Southern Fried Chilli Chicken Wraps with Salad & Toppings
Go Go Italiano	Pizza Slice. or Tomato & Mascarpone Pasta Bake.	Basilico Pasta Bake. or Meatball Pasta Bake.	Macaroni & Cheese with Garlic Bread & Toppings.	Pomodoro Pasta Bake. or Spicy Sausage Pasta Bake.	Pizza Slice. or Pasta Bake of the Day.
Jacket Potatoes with Side Salad	Cheese, Cheese & Beans, Beans or Tuna Mayo.	Cheese, Cheese & Beans, Beans, Tuna Mayo or Chicken Tikka.	Cheese, Cheese & Beans, Beans, Tuna Mayo or Chicken Tikka.	Cheese, Cheese & Beans, Beans, Tuna Mayo or Chicken Tikka.	Cheese, Cheese & Beans, Beans, Tuna Mayo or Chicken Tikka.
Panini	Pizza Panini. Tuna Melt Panini.	Pizza Panini. Ham & Cheese. BBQ Chicken.	Pizza Panini. Ham & Cheese. Chicken Tikka.	Pizza Panini. Ham & Cheese. BBQ Chicken.	Pizza Panini. Ham & Cheese. Tuna Melt.
Dessert of the Day	Homemade Flapjack.	Tracey's Famous Sticky Toffee Pudding.	Chocolate Brownie.	Shortbread.	Chocolate Chip Cookies.

# Week Two Menu

**Week Beginning 28th March, 2nd May,  
23rd May, 20th June, 11th July.**



	<b>Meat-Free Monday</b>	<b>SFC - Tuesday</b>	<b>Wednesday</b>	<b>Thursday Curry Day</b>	<b>Fishy Friday</b>
<b>Traditional Main</b>	<b>Vegetarian Lasagne with Salad &amp; Garlic Bread.</b>	<b>Sticky Pork Stir Fry with Noodles and Green Beans.</b>	<b>Roast Chicken Breast &amp; Yorkshire Pudding, served with Roast Potatoes &amp; a Selection of Vegetables.</b>	<b>Chicken Tikka Masala with Rice &amp; Naan Bread.</b>	<b>Fish Goujons With Wedges &amp; Peas</b>
<b>Veggie Option</b>	<b>Potato &amp; Pea Madras With Rice &amp; Naan Bread.</b>	<b>Sticky Quorn Stir Fry with Noodles and Green Beans.</b>	<b>Mini Quorn Fillet &amp; Yorkshire Pudding, served with Roast Potatoes &amp; a Selection of Vegetables.</b>	<b>Quorn Tikka Masala with Rice &amp; Naan Bread.</b>	<b>Halloumi Fries With Toppings</b>
<b>Street Eat</b>	<b>Tuna Melt Baguettes.</b>	<b>Spicy PHS SF Chicken Sandwich.</b>	<b>Cheese Burger in Brioche Roll with Salad &amp; Toppings</b>	<b>German Style Frankfurters in a Roll with Toppings</b>	<b>Southern Fried Chilli Chicken Wraps with Salad &amp; Toppings</b>
<b>Go Go Italiano</b>	<b>Pizza Slice. or Tomato &amp; Mascarpone Pasta Bake.</b>	<b>Basilico Pasta Bake. or Meatball Pasta Bake.</b>	<b>Macaroni &amp; Cheese with Garlic Bread &amp; Toppings.</b>	<b>Pomodoro Pasta Bake. or Spicy Sausage Pasta Bake.</b>	<b>Pizza Slice. or Pasta Bake of the Day.</b>
<b>Jacket Potatoes with Side Salad</b>	<b>Cheese, Cheese &amp; Beans, Beans or Tuna Mayo.</b>	<b>Cheese, Cheese &amp; Beans, Beans, Tuna Mayo or Chicken Tikka.</b>	<b>Cheese, Cheese &amp; Beans, Beans, Tuna Mayo or Chicken Tikka.</b>	<b>Cheese, Cheese &amp; Beans, Beans, Tuna Mayo or Chicken Tikka.</b>	<b>Cheese, Cheese &amp; Beans, Beans, Tuna Mayo or Chicken Tikka.</b>
<b>Panini</b>	<b>Pizza Panini. Tuna Melt Panini.</b>	<b>Pizza Panini. Ham &amp; Cheese. BBQ Chicken.</b>	<b>Pizza Panini. Ham &amp; Cheese. Chicken Tikka.</b>	<b>Pizza Panini. Ham &amp; Cheese. BBQ Chicken.</b>	<b>Pizza Panini. Ham &amp; Cheese. Tuna Melt.</b>
<b>Dessert of the Day</b>	<b>Millionaire Shortbread</b>	<b>Decorated Cup Cakes.</b>	<b>White Choc Marshmallow Crispy Cakes.</b>	<b>Coconut &amp; Jam Sponge.</b>	<b>Homemade Biscuits.</b>



# Week Three Menu

Week Beginning 4th April, 9th May, 6th June, 27th June, 18th July.



	Meat-Free Monday	SFC - Tuesday	Wednesday	Thursday Curry Day	Fishy Friday
Traditional Main	Vegan Chilli Con Carne with Steamed Rice & Nacho Chips.	Mince & Dumpling with Mashed Potato & a Selection of Vegetables	Chicken & Leek Pie with a Puff Pastry Lid, served with New Potatoes & Mixed Greens.	Chicken Korma with Rice & Naan Bread.	Breaded Fish with Wedges & Peas.
Veggie Option	Tomato Soup with a Cheese Panini.	Spring Vegetable Frittata with Greek Salad.	Quorn & Leek Pie with a Puff Pastry Lid.	Quorn Korma with Rice & Naan Bread.	Veggie Quorn Nuggets with Wedges & Beans
Street Eat	Baked Chickpea & Pepper Steamed Bao Bun with a Selection of Sauces	Spicy PHS SF Chicken Sch.	Cheese Burger in Brioche Roll with Salad & Toppings	German Style Frankfurters in a Roll with Toppings	Southern Fried Chilli Chicken Wraps with Salad & Toppings
Go Go Italiano	Pizza Slice. or Tomato & Mascarpone Pasta Bake.	Basilico Pasta Bake. or Meatball Pasta Bake.	Macaroni & Cheese with Garlic Bread & Toppings.	Pomodoro Pasta Bake. or Spicy Sausage Pasta Bake.	Pizza Slice. or Pasta Bake of the Day.
Jacket Potatoes with Side Salad	Cheese, Cheese & Beans, Beans or Tuna Mayo.	Cheese, Cheese & Beans, Beans, Tuna Mayo or Chicken Tikka.	Cheese, Cheese & Beans, Beans, Tuna Mayo or Chicken Tikka.	Cheese, Cheese & Beans, Beans, Tuna Mayo or Chicken Tikka.	Cheese, Cheese & Beans, Beans, Tuna Mayo or Chicken Tikka.
Panini	Pizza Panini. Tuna Melt Panini.	Pizza Panini. Ham & Cheese. BBQ Chicken.	Pizza Panini. Ham & Cheese. Chicken Tikka.	Pizza Panini. Ham & Cheese. BBQ Chicken.	Pizza Panini. Ham & Cheese. Tuna Melt.
Dessert of the Day	Custard Creams.	Chocolate & Beetroot Cake.	Apple Crumble & Custard.	Iced Carrot Cake.	Raspberry & White Chocolate Muffins.