

Ponteland High School Leavers 2025 – Signposts for your Next Steps...

Student finance for undergraduates

Manage your account and remember to come back to this page to check if you are eligible for extra help!

<https://www.gov.uk/student-finance>

Sexual health advice

Forgotten your pill or had unprotected sex? Maybe you're worried about something? Here's what to do and where to go if you need help urgently.

<https://www.nhs.uk/live-well/sexual-health/where-can-i-get-sexual-health-advice-now/>

Mental health

Whether you want to understand more about how you're feeling, get information about a mental health condition or find support.

<https://www.youngminds.org.uk/young-person/find-help/>
<https://www.kooth.com/>
<https://www.mind.org.uk/>

Legal